



Ooey Gooey Mug Cake Recipe

Follow the simple instructions below to make this delicious dish – Ooey Gooey Mug Cake!

In the show, the Gruffalo's Child says that her favourite dishes are owl ice-cream, scrambled snake, and roasted fox. Do you think this recipe is something that a Gruffalo would like to eat?

Notes for the grown-ups:

- All the ingredients are easily found in the ordinary household kitchen and can be made safely by children with minimal assistance from adults.
- The recipes are guides only and do not need to be followed exactly.
- Please note that any meat dishes can be substituted for vegetarian options as desired. All nut and other allergies can be avoided by swapping out ingredients and using alternatives. Do this by encouraging your child to choose their own special ingredients which resemble materials and insects that they might find in the Deep Dark Wood.
- Every dish should be enthusiastically garnished with fresh herbs or homegrown cress where possible. There can never be too much salad, fruit or veg on any dish that a Gruffalo would love.
- Expect some mess and sticky fingers.

Ooey Gooey Mug Cake

(A yummy chocolate cake)

Things you will need

Ingredients:



You can also serve with a scoop of ice-cream or yoghurt if you'd like.

Equipment:

- A mixing bowl
- A mixing spoon
- A mug
- A microwave
- A plate to serve your cake on

Instructions

1. Mix the dry ingredients together in a bowl (the sugar, flour, cocoa, salt and baking soda).



2. Stir in the wet ingredients (the milk and vanilla essence) and grease the inside of your mug with the oil.



3. Spoon the mixture into your mug.



4. Microwave the mixture in the mug for 1 minute and 30 seconds.

(Be careful when you take it out of the microwave as the mug may be very hot.)



- 5. Tip your mug cake upside down on a plate. (You may need to scoop the extra gooey bits out with a spoon.)
- 6. Top with yoghurt or a scoop of ice-cream!



NOW YOUR OOEY GOOEY MUG CAKE IS READY TO EAT!

We'd love to see your yummy dishes, so why not take a photo of your wonderful creation and send it to us through the submission form on the activity page!